

What Makes You Happy?

Kate Barrett

Chorus

What makes you happy?
How do you have fun?
What do you want to do when your working day is done?
What makes you happy?
What do you like to?
Ev'ryone is diff'rent so be happy being you.

Verse 1

Playing in the garden, or taking your bike for a ride.
Wandering through woods and trees and enjoying being outside.
Planting a seed and watching it grow, helping it flourish and thrive.
Eating a meal from the seeds you've sown will make you so alive.

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Verse 2

Learning how to bake or sew, painting a beautiful flower.
Reading a wonderful book you love will keep you happy for hours.
Accepting a difficult challenge, being willing to try something new.
Persevering and working hard keeps you happy being you.

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Verse 3

Spending time with those we love we can never get enough.
Family and friends and pets help us stay strong when things get tough.
Being thankful for what we have, helping our neighbours and friends.
Caring for others and putting them first makes us happiest in the end.

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